

tatami 1	tatami 2	tatami 3	tatami 4
13:30	13:30 Kata Squadre M	13:30 Kata Squadre F	13:30
13:35	13:35	13:35	13:35
13:40	13:40	13:40	13:40
13:45	13:45	13:45	13:45
13:50 Kata Individuale M	13:50 Kata Individuale M	13:50	13:50 Kata Individuale M
13:55 Kata Individuale F	13:55 Kata Individuale F	13:55 Kata Individuale M	13:55 Kata Individuale F
Kumite Individuale M	Kumite Individuale M	Kata Individuale F	Kumite Individuale M
Kumite Squadre M	Kumite Squadre M	Kumite Individuale M	Kumite Squadre F
14:05	14:05	Kumite Squadre F	14:05
14:10	14:10	14:10	14:10
14:15	14:15 Presentazione Squadra Nazionale	14:15 Presentazione Squadra Nazionale	14:15
14:20	14:20	14:20	14:20
14:25	14:25 FINALE KATA IND. F	14:25 FINALE KATA IND. M	14:25
14:30	14:30	14:30	14:30
14:35	14:35	14:35	14:35
14:40	14:40 FINALE KATA SQ. F	14:40 FINALE KATA SQ. M	14:40
14:45	14:45	14:45	14:45
14:50	14:50	14:50	14:50
14:55	14:55 FINALE KUMITE IND. M	14:55 FINALE KUMITE IND. F	14:55
15:00	15:00	15:00	15:00
15:05	15:05 FINALE KUMITE SQ. F	15:05 FINALE KUMITE SQ. M	15:05
15:10	15:10	15:10	15:10
15:15	15:15	15:15	15:15
15:20	15:20	15:20	15:20
15:25	15:25	15:25	15:25
15:30	15:30	15:30	15:30
15:35	15:35	15:35	15:35
15:40	15:40	15:40	15:40
15:45	15:45	15:45	15:45
15:50	15:50	15:50	15:50
15:55	15:55	15:55	15:55
16:00	16:00	16:00	16:00
16:05	16:05	16:05	16:05
16:10	16:10	16:10	16:10
16:15	16:15	16:15	16:15
16:20	16:20	16:20	16:20
16:25	16:25	16:25	16:25
16:30	16:30	16:30	16:30
16:35	16:35	16:35	16:35
16:40	16:40	16:40	16:40
16:45	16:45	16:45	16:45
16:50	16:50	16:50	16:50
16:55	16:55	16:55	16:55
17:00	17:00	17:00	17:00
17:05	17:05	17:05	17:05
17:10	17:10	17:10	17:10
17:15	17:15	17:15	17:15
17:20	17:20	17:20	17:20
17:25	17:25	17:25	17:25
17:30	17:30	17:30	17:30
17:35	17:35	17:35	17:35
17:40	17:40	17:40	17:40
17:45	17:45	17:45	17:45
17:50	17:50	17:50	17:50
17:55	17:55	17:55	17:55
18:00	18:00	18:00	18:00
18:05	18:05	18:05	18:05
18:10	18:10	18:10	18:10
18:15	18:15	18:15	18:15